



IKURA RORO AKO O TE ROHE O TAMAKI MAKAUURAU WHANUI

ARCOS IV

Auckland Regional Community Outcome Stroke

This study is proudly funded by



July 2012

ARCOS IV Incidence Study

Although the incidence study has finished recruitment the team are still busy conducting follow-up interviews with participants. We currently have a team of 15 clinical researchers working on both the ARCOS incidence and MiST study. This also includes our hospital staff who are working hard recruiting for the MiST study. A photo of most of the team, taken earlier this year, is to the right.



From left: Chris Schoemaker, Pautia Crowe, Rohit Bhattacharjee, Maria Caparon, Reinette Oosthuizen, Tom Kysor, Flora Suh, Helen McDonald, Caroline Holder, Rose Smither, Paula Crabbe, Rita Krishnamurthi, Amy Jones, Valery Feigin, Emma Witt (absent: Sue Mahon, Pat Bennett, Rebecca Lock, Suzanne Madsen, Ruth Given & Katrin Buerkle.

We are at a time in the study where we are also busy cross checking our registered participants with a number of other sources e.g. Ministry of Health, the Death Register and GP practices. This is to ensure complete case ascertainment of all stroke and TIA events that occurred from March 1st 2011—February 29th 2012.

To update on recruitment figures, we have identified over 2300 cases of stroke and TIAs and expect this number to grow as we continue our cross checking procedures.

We would like to take this time to thank some researchers who have recently left the team and wish them all the best with their new roles - Lyn Haywood, Bryn Evans and Reinette Oosthuizen and welcome Katrin Buerkle to the team.



- Basic Neuroscience Research
- Clinical Neuroscience and Neurorehabilitation Research
- Population and Health Economic Research of Neurological Disorders

<http://nzsanc.aut.ac.nz/>

September 14-16, 2012
Auckland, New Zealand

Motivational Interviewing Stroke Trial



MAI TE KOHU KI TE WHAI AO
MiST
Motivational Interviewing Stroke Trial

The MiST study is continuing to recruit participants who have had their first ever stroke. To date, we have 170 participants that are either randomized into the 'usual care' or 'motivational interview' group. The study is no longer recruiting participants in the Hamilton region but will continue to approach people living in the Auckland region.

We would like to introduce Kelly Davis-Martin M.P.H. who started as our Motivational Interview Trainer earlier this year. Kelly is the director of Achieve Wellness and has worked in the field of health education for over 15 years. She is currently a faculty member with Wellcoaches, an affiliate of Harvard, and she works on a variety projects including the cutting edge Mind-Body-Me research at Ithaca college in the USA. Kelly is also working on her doctorate at AUT.



Qualitative Study



Life After Stroke: Experiences and Recovery

We would like to introduce Sandy Rutherford (research officer), who is conducting the interviews for the qualitative study. Sandy is doing her PhD as part of this role and has already interviewed 30 ARCOS participants 6 months post stroke, with the aim to interview 40 people in total. She has also interviewed 14 family members of these stroke survivors. Sandy is an Occupational Therapist and also works part time in the department of Occupational Science and Occupational Therapy at AUT.



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